

# Mountain Vista

Finished Block Size: 6" x 6"



A Foundation Paper-Pieced Pattern by

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Gardunia

## Mountain Vista

Growing up in western Washington, it was always a thrill to see Mt Rainier in the distance. The clouds and fog hid it from sight most of the year, but you knew summer was on its way when Mt Rainier was visible.

We went regularly to Mt Rainier National Park but I never saw the wildflowers in bloom until just a few years ago. It was simultaneously one of the most amazing experiences of my life and one of the most frustrating. If you look closely at the picture, you can see my grouchy kids fighting in the background. :)







This foundation paper-pieced block is loosely based on the view of Mt Rainier from the field at Paradise Lodge.



## Fabric Requirements

Small-scale, tone-on-tone prints or solids work best for this block. For each section, use pieces of fabric that are at least  $\frac{1}{2}$ " larger than the section on each side. The fabric pieces in sections 14-37 need to cover both the section and the entire seam allowance.

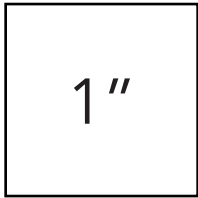
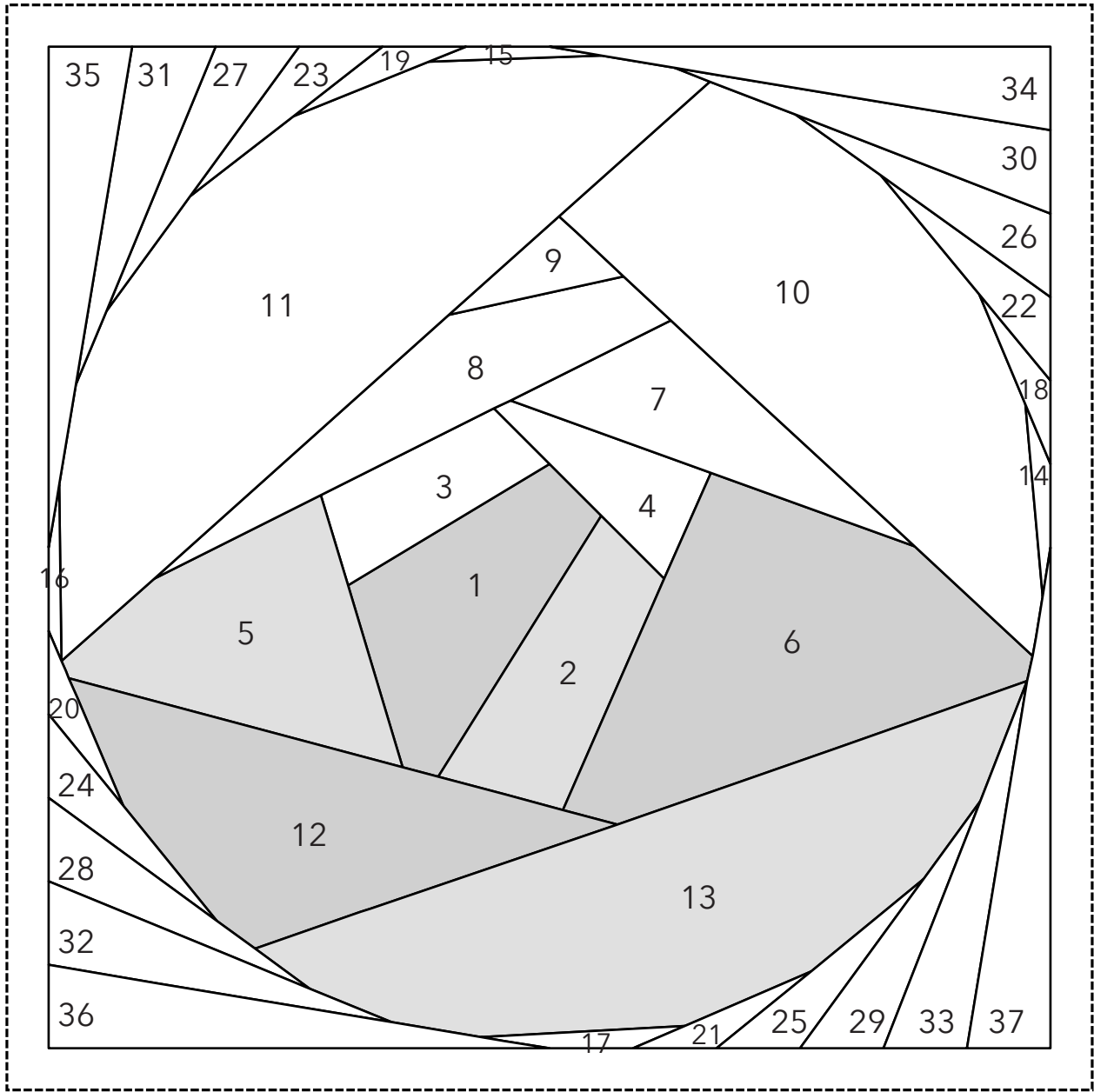
The amounts of fabric listed are an estimate and you may need more or less depending on your preferred fabric size when foundation paper piecing. I err on the side of caution and use oversized pieces.

	Fabric Color	Amount Needed	Foundation Section
	Dark Blue	3" x 6"	1 & 6 (mountain base)
	Medium Blue	3" x 5"	2 & 5 (mountain base)
	White	4 $\frac{1}{2}$ " x 42"	3, 4, 7, & 8 (snow caps) 14-37 (background)
	Light Blue	2 $\frac{1}{2}$ " x 12"	9-11 (sky)
	Medium Green	2 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ "	12 (grass)
	Light Green	2 $\frac{1}{2}$ " x 6 $\frac{1}{2}$ "	13 (grass)

## Love Mountains and Want to Make More?

You can find more foundation paper-pieced mountains in my pattern shop. The mountain foundations come in 5 sized and you can mix and match to build your own unique mountain range. Scan the QR code and take a look!





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I'd love to see your blocks! Share your pictures with the hashtags: #FPPQAL, #ScrappyMountains, #LeilaGarduniaPatterns

## How to Foundation Paper Piece

This is a brief overview of how to foundation paper piece. For a more in-depth tutorial and printable instructions, visit <https://www.leilagardunia.com/blog/how-to-foundation-paper-piece>.

1. Print the Mountain Vista foundation. Before printing, make sure the print/copy scale is set to 100% and "fit to size" is not selected. After printing, check that the foundation printed correctly by measuring the 1" square. You can use regular printer paper or specialty foundation paper.
2. Reduce the sewing machine stitch length to 1.5 to allow the papers to be pulled off easily.
3. Each section of the foundation is labeled with a number indicating the piecing order. Use fabric pieces that are at least ½" larger than the section on all sides. Refer to the table on page 2 to determine what color to use in each section.
4. Place the wrong side of the section 1 fabric against the back side of the paper foundation. Hold up to a light to ensure the fabric covers the entire area of section 1 and overlaps all adjacent sections by at least ¼". Secure fabric with flat head pins or a dab of glue.
5. Locate the line that runs between section 1 and section 2. Using a postcard or piece of card stock as a guide, fold the foundation back along the line between sections 1 and 2. Trim the exposed fabric ¼" away from the foundation fold.
6. Fold the paper back down and flip the foundation over to the back side. Place the section 2 fabric on top of the section 1 fabric, right sides together and lined up along the trimmed edge. Pin in place.
7. Flip the foundation over to the printed side and sew on the line between sections 1 and 2, starting and ending at least ¼" before and after the line. Press the section 2 fabric open. Check that the second fabric covers section 2 completely and extends into the neighboring sections by at least ¼".
8. Repeat steps 5-7 until the foundation is completely pieced, then trim the block on the foundation's outer dotted line. To prevent stretching, do not remove the papers until the quilt top is complete.

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I made my first quilt when I was about 10. I was inspired by the Little House on the Prairie books and made a hand pieced nine patch block. I thought the “small stitches” described in the book meant “narrow seam allowances” so now my small quilt is literally coming apart at the seams. :)

I didn’t quilt again until I was about 25. A friend convinced me to participate in a local quilt shop’s block of the month program. I thought it would be super lame and only went along to hang out with my friends. Boy, was I wrong! I was hooked.



Now, twenty years later, I’m writing my own quilt patterns! I love designing scrap busting traditional and foundation paper-pieced patterns. My most popular downloaded pattern is my free bundle of 6” FPP Scrappy Triangles. They are a blast to make and you can download them (and join my email list) here: <https://www.leilagardunia.com/blog/year-of-scrappy-triangles>

When I’m not cutting up fabric for scrap quilts, you’ll find me listening to audio books while cleaning, working to convince my five kids and husband that we really don’t need to get a dog, sampling new ginger beers and chocolates, and trying to sleep in.

Let’s stay in touch!

Leila



*One of my Scrappy Triangle quilts!*

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